

GRANDETTES 'N GUYS QUICK REFERENCE SHEET



The following rules and guidelines were presented and discussed at a meeting held by the Grandettes 'n Guys Dance Committee in 2009, and are reviewed and updated yearly. This is a Quick Reference for all dancers. A more comprehensive overview may be found in the [Sun City Grand Drama & Comedy Club Information and Guidelines for Grandettes 'n Guys](http://www.granddrama.com) on www.granddrama.com

CLASSES

- Dancers must include a completed registration form attached to their check – no exceptions.
- Cash will NOT be accepted as payment for a class.
- Checks will be mailed to the designated Dance Representative or given to any Dance Representative prior to the start of each session
- Arrive a few minutes ahead of the class start time and put on your appropriate dance shoes.
- Be ready to begin class on time.
- **The CAM Activities Department has now reduced their classes to 50 minutes so it is vital all dancers leave the dance area and change your shoes outside. No lingering on the benches to chat.**
- Eliminate unnecessary chatter to ensure all dancers can hear the instructor's directions
- All dancers will wear acceptable dance clothing that allows dance movement. This includes exercise/dance tops/shirts and shorts/capris, leotards, jazz pants, dance skirts and supportive undergarments. No blue jeans, shorts and shirts, or **street clothing** will be permitted.
- Minimum jewelry will ensure that dance colleagues will not be scratched or injured during class.

COMMITMENT

- Consider carefully before accepting a position in any dance number. A Grandette is to make a serious commitment to each of their numbers and their fellow dancers. With the exception of emergencies, schedule vacations around BOTH auditions and rehearsals, including **Saturdays and Review Classes**. Choreographers will no longer hold slots for dancers who are not physically at auditions. Family deferments are reviewed on a case-by-case basis.
- Make every effort to attend every class, particularly in preparation for a show when attendance is mandatory. Missing dancers make choreography and catch-up more difficult for everyone. **Effective 2015**, any dancer missing three (3) or more rehearsals will be assessed by the choreographer to determine if the dancer will continue to participate in the number. If the decision is yes, the dancer will be asked to take a private lesson, at their expense, before rejoining the class. **Saturday and Review** rehearsals are important and every attempt should be made by every dancer to be in attendance.
- Consider carefully how many numbers you audition for or participate in, particularly when you perform in other areas of the Drama Club and outside SCG. This may impact your attendance.
- Many rehearsals, (e.g. tech, dress) can be long so please be patient and prepared to wait.
- **A dance number will only be as good as the weakest performer.**

CONDUCT

- Dancers will respect dance instructors in class and outside of class.
- Dancers must have a good attitude in class and be considerate of other dancers and their abilities.
- No dancer will cause a disruption in class, or make non-applicable remarks or comments. **Each reported case will be reviewed by the Dance Committee and escalated if required.**
- Criticizing or correcting another dancer is unacceptable; teaching is the job of the Choreographer.
- Give your full attention to the dance instructors and do not distract them before, during and after class.
- Wait outside of the dance room if another dance class is being taught. Remove your chewing gum and turn off your cell phones prior to joining class.

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COSTUMES

- Choreographers have the final word regarding costumes.
- Get organized. Assemble complete outfits (including shoes, undergarments, hose, etc.) in garment bags and label all your items, including clothing hangers and bottoms of your shoes.
- Keep costumes in order of performance. Paste your individual performance roster in a handy place.
- Many dancers prefer to bring their own mini garment rack.
- Shoes should be polished.
- Only jewelry that is part of a costume will be permitted. Leave your personal rings, bracelets, watches and earrings at home.
- Do not leave the dressing areas in your costumes; use a cover-up or oversized shirt.
- Proper undergarments are essential to eliminate the “bounce” and create a smooth look. Dancers should wear a nude-colored body suit (under wire, molded cups for firmer control and high-cut legs.) Use clear straps for numbers revealing backs and shoulders unless a dance instructor requires a different look. Consider sports bras and even Ace bandages.
- Dress rehearsals should include all proper undergarments. A determination will be made at that time if any dancer will require adjustments prior to the performance.
- A storage unit is rented and costumes belonging to the Grandettes will be inventoried and collected.

MAKE-UP

- The Make-up Assistants will be available one hour prior to opening number. Once the performance begins, the makeup will not be available for touch-ups.
- If an experienced dancer arrives in full makeup, each will be required to be assessed by a Make-up Assistants under a lamp light with the same spectrum as the stage light and adjusted as needed.
- Each dancer will bring their own base foundation, powder, eye shadow, eye liner, mascara, and lipstick for touch-ups, as well as your own makeup brushes.
- Red lipstick/lip liner (cherry red) is the standard Grandettes color. No other shades are permitted. A touch of gloss can be applied to the center of the lips for extra shine.
- The standard eye liner is dark brown or charcoal; mascara is black.
- The primary eye shadow should be dark (browns, grays), using a light iridescent shade on the upper eyelid. The Make-up Assistants will assess proper application and adjust accordingly.
- Make-up Assistants will be available to apply false eyelashes. Bring your own lashes, glue, liquid liner and toothpicks.
- Consider using Vaseline on your teeth. This will keep lipstick from bleeding onto the teeth.
- Refrain from wearing eyeglasses for your performances unless they are absolutely needed.
- Consider bringing a small table mirror to check your make-up.
- Prioritize. Be cognizant of who needs to be helped by the Make-up Assistants based on performance schedule and allow them to be assisted in that order.

THE PERFORMANCE

- Alcohol is not permitted during any performance.
- If you are available, please assist other dancers with their costume changes and organize their “just removed” costumes and accessories.
- Move quickly on and off the stage.
- **Stay in character** when entering and leaving the stage, as well as down the stairs.
- Be aware of props being brought on stage.
- Remain **QUIET** at all times. The stage mikes could be on and you could be heard.
- Do not peek through the curtains.
- Tap shoes are noisy so walk with care before entering the stage, and

SMILE – SMILE – SMILE (WITH YOUR TEETH SHOWING!!)